

Report on KG's Food Stall Event

Items prepared

- **KG - A : Pasta Fruit Salad**
- **KG - B : Sprouts Fruit Salad**
- **KG - C : Chickpea Salad**
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Introduction

The KG's Food Stall event, held from September 12th to September 14th, 2023, was a delightful showcase of the culinary skills and knowledge acquired by our children. Hosted in the school hall, the event brought together parents, caregivers, and enthusiastic little chefs-in-training, creating an atmosphere of excitement and learning.

Circle Time

The event began with a sense of anticipation as children entered the hall adorned with chef hats and aprons. The children, eager to share their culinary expertise, were asked to sit in a circle on the mat, surrounded by parents and caregivers seated in a wider circle around the hall. This format provided a unique opportunity for parents to witness "Circle Time" live, a departure from the usual dining table relays.

Energizer and Song

To kickstart the event, the children energised themselves through a song titled "Peel banana, The Kitchen Band." This lively performance not only added a fun element to the event but also provided a sneak peek into the skills the children would be demonstrating and an oral recap of what they had learned on the topic.

Culmination of Learning

The KG's Food Stall was the culmination of a long exploration of topics related to plants, animals, food, nutrition, and cooking. This was evident as the children confidently listed out the steps involved in cooking. Each time the teacher asked, the children explained why each step was important, emphasising conceptual understanding rather than rote learning.

The vocabulary displayed by the children was impressive, ranging from simple words like washing, peeling, chopping, seasoning, transferring, to serving. The concept of nutrition was not lost on them as they articulated how each ingredient contributed to a healthy meal.

Learning Beyond Cooking

The ingredient list served as an opportunity for parents to witness how everyday activities could be transformed into fun learning experiences, encompassing maths and language opportunities for their children. The event transcended from mere cooking; it was holistic and experiential.

Hands-On Cooking

With the preparations complete, the parents eagerly awaited to see their children's culinary skills in action. The children demonstrated remarkable discipline as they marched out to wash their hands, returned to their tables, and found their tablemates. Each table, consisting of 5-6 children, was supervised by a teacher. The children were well-prepared, clearing their workspace, identifying their tools, and setting up for salad making. As the children put their chopping skills to the test at their respective tables, vibrant conversations about flavors - tangy, sour, sweet; colors - red like anar, yellow like the sun; shapes - rectangle, square; and sizes - big, small, filled the air. Through these interactions, the children seamlessly integrated their mathematical and language skills, naming ingredients in both English and Hindi.

Finale

The children concluded their "cooking without fire" session by diligently clearing their tables and serving their delicious salads to the eager parents. It was heartening to see the children emphasise the importance of not wasting food, reflecting their understanding of the value of resources.

In conclusion, the KG's Food Stall event was a resounding success, showcasing not only the culinary skills but also the depth of knowledge and understanding our young learners have acquired about the topic.

Regards,

C.B. Prerana Virginia

Photo Gallery

KG - A





KG - B





KG - C



