

## VISIT TO THE POST OFFICE

On Friday 23 August, 2024, KG's went to the Post Office in Vasant Kunj. The purpose of the visit was to expose children to a new people, space and processes within. The preparation for the visit started with a discussion session conducted by the class teacher with children during circle time.



The discussion session was developed around four main points. Firstly, the teacher introduced a picture of the post box to the children and explained its purpose.

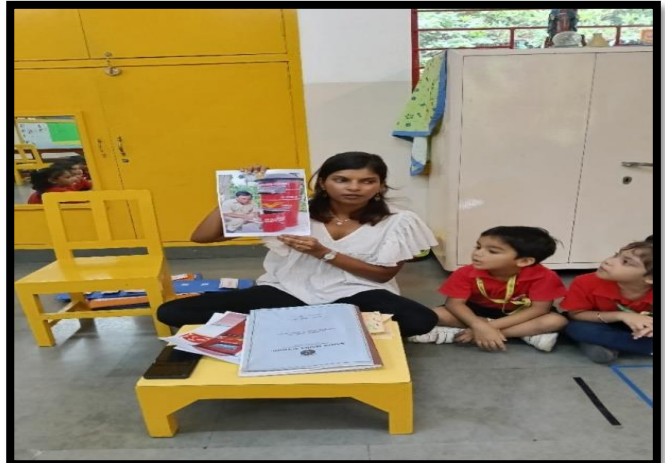
Secondly, the teacher introduced the post office logo to the children. The discussion on the post office logo was exciting and thought-provoking. The teacher made the children look at the features of the postal logo; such as its rectangle shape, red color, and three yellow lines.

It was interesting to observe that the teacher made children understand the concept of the logo by relating it to the logo of Santa Maria on their t-shirts. She asked all children to observe their t-shirt logo and then connected it with the postal logo.



Thirdly, the teacher showed a picture of a postman sitting near the post box. She explained the role of a postman to all children

At the end of the discussion session, the teacher showed a postcard to the children. She shared that today they were going to post their postcard in the post box. The teacher specifically told the children to observe the picture of Mahatma Gandhi on the postcard.



It was brilliant to observe that few children were even able to develop connections and recall Gandhiji's picture on currency notes too. One child said, **"Ma'am, yeh photo Maine note par bhi dekhi hai"**. It was worth observing how the teacher developed her discussion and how KG children participated in the session.

After this detailed schema-building discussion session, the teacher reminded children about rules for outdoor visits. Next, children were asked to line up and board the school bus. Once the bus reached the post office the children got down properly as instructed by the teachers.

Starting the visit, the teacher first showed the children the post box and asked them to notice important signs and things in the post box. She explained to the children about the section where letters are put and the place from where all letters are taken out. After this, the teacher distributed individual postcards to all children. Name and address details are already written by the teacher. Next, all the children lined up and posted their postcards enthusiastically one by one.



After this, children were taken inside the post office where postal staff was eagerly waiting for them. The postal staff covered three different aspects of postal services.

Firstly, the resource person from the postal staff showed a sample of letters and parcels to the children. Sir explained to them that the postal services are used by their families for various purposes, especially during festivals such as Rakshabandhan.



Secondly, a postman and post-woman working at their stations were introduced to the children. Thirdly, the children were shown the letter sorting process. They also showed children how letters are stamped.



Ending the visit, the teacher and children thanked the postal resource person for their cooperation. It was a great learning and fun visit for all children.



After the fun-filled visit, the children lined up properly and boarded the school bus. The children reached timely to the school.

As a parent, I found this post office visit well-planned and enriching for young children. The way KG children were introduced to postal services by the teacher was praiseworthy.

I thank Santa Maria School for providing me with this opportunity to accompany the children for a visit to the post office. This visit allowed me to understand how field trips are organized for young children. I would be honoured to have this opportunity again in the future.

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