



SANTA MARIA INTEGRATED LEARNING ENVIRONMENT

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Dear Parent,

The holidays are round the corner. The changed scenario will require you to plan some really interesting things, to do with your child. Given below are some activities that will help you engage meaningfully with your child. The activities will contribute to the overall development of your child as well as result in a lot of fun and bonding. Any questions that you have can be raised through mail or during the interaction

Please Note: **Kindly facilitate, assist and supervise your child to do them largely on his/her own.**

ACTIVITIES FOR ENHANCING ALL AREAS OF DEVELOPMENT

STORY TELLING

Given below are a few story suggestions and their links. Let your child choose one story out of them which she likes and you can retell it many times to make storytelling fun. **You can also choose any other story that you think is appropriate for your child. your own age-appropriate story.**

- **Be Kind (Pat Zietlow Miller)**
<https://youtu.be/t6NUJ2JZz50>
- **Peep and the big wide world: Stormy Weather**
<https://www.youtube.com/watch?v=7Li59FFilYQ>
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- **Bear says Thanks (Karma Wilson)**
<https://youtu.be/LUspp8k2Lh0>
- **What the lady bird heard**
<https://youtube.com/watch?v=MECuyvwSPVQ&feature=share>

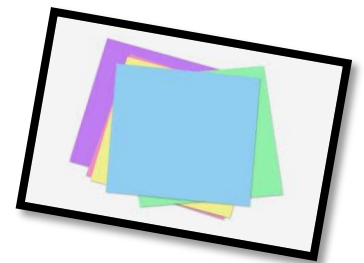
STORY TELLING

How should you tell a story to the child at home –

- Use a story book with reasonably large font size.
- Sit in a comfortable position with the child.
- Move your pointer finger below the words while reading to help the child notice left to right progression. Remember to modulate your voice.

Follow up activities - Let your child do the following activities after listening to the story:

Narration by the child:



- Let the child narrate the story back to you page by page.
- Write the child's narrative on paper slips and attach or staple them page by page to the story book.

Creating a 'word wall':-

- Let the child recall the story and think of the new words he/she heard in the story.
- Write these words on the word wall as shown in the example given below.
- With every word let the child draw a picture to depict its meaning.
- Help the child to read these words as whole words and say what they think it means.
- If the child is ready for the next stage, encourage your child to use these words in sentences in normal conversation.

Creating a 'web chart' :-

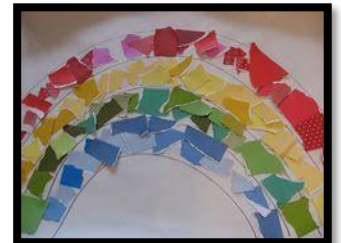
- Let your child draw the main character of the story in the center of a chart paper.
- Create a web chart around it as shown in the example given below.
- Encourage your child to find information related to the character and draw around the picture. For example – it's living and eating habits, characteristics etc.

Please note: Child's narrative will be only through **drawing**. Any writing should be done by the parent.

ACTIVITIES FOR ENHANCING FINE MOTOR SKILLS

TEARING AND PASTING –

Let your child tear coloured paper (paint on old wrapping paper) into small pieces and stick it on a sheet of paper to create a simple collage like fruits, animals, birds etc. This will help enhance the child's fine motor skills.

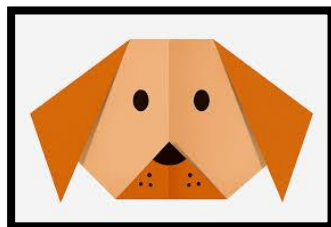


Link for your reference:

<https://www.youtube.com/watch?v=m64KX-e-Txl>

ORIGAMI:

Take an origami sheet. Help your child learn some simple folds like the mountain fold; cupboard and fan fold to create animals, flowers, hut etc. with it. Stick the article on a sheet of paper. This activity will enhance the child's fine motor skills. Memory can be enhanced by asking your child to fold from memory to recreate something that she knows. You can look for some interesting ideas in the links given below.



Links origami for your reference:

- <https://www.youtube.com/watch?v=m64KX-e-Txl>

- <https://www.youtube.com/watch?v=oUCSXtTHo5s&feature=youtu.be>
- https://www.youtube.com/watch?v=YRH24O_nHpw
- <https://www.youtube.com/watch?v=V0lgGyvgA6Q>
- <https://www.youtube.com/watch?v=djPgdlm6lMY>

PRINTING

You can help your child learn printing technique for making greeting cards, gift wrapping, book covers, paper bags etc. There are many more printing techniques like marble printing, thread printing, bubble printing etc. Please feel free to explore with your child.

Links for printing techniques are shared below for your reference.

<https://www.youtube.com/watch?v=vY49eNceLBo>

<https://www.youtube.com/watch?v=tGn4H9YUxf0>

<https://www.youtube.com/watch?v=FXTlv0toQTg>

<https://www.youtube.com/watch?v=d39C5OIT6Ck>

COOKING WITHOUT FIRE

Give your child a chance to help you in home tasks such as preparing simple snacks like chana chat, bhelpuri, sandwich, lemonade (Give it a twist with different flavours each time)

- Choose a recipe that the child can prepare and illustrate. Find a link for the above activity at the end
- Explain the process to the child in simple steps and help him/her prepare the food item.
- Ask the child to recall the ingredients.
- Help your child to recall the process of preparing the dish in steps and draw the process on a sheet of paper.



Link for your reference:

- <https://youtu.be/wX1zAC1W-LQ>
 - <https://www.youtube.com/watch?v=Fniik6ByzRM>
-

ENHANCING OBSERVATIONAL SKILLS

1. Nature Walk:

- a. Take a nature walk with your child in a nearby park or explore surrounding areas. Collect leaves, stones or anything interesting. Observe the articles and take note of shapes, textures and colour.



Follow up activity:

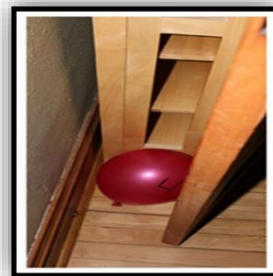
Make a **booklet** for your child to record the observations of the chosen material. Let your child talk about his/her observations to you and draw them in the booklet. This should be done over 5 occasions set as close to each other as possible. The parent should listen to the child's observations and record/ write them on the same page which has the child's illustrations.

	Object collected (like stick, leaf, flower)	Color	Shape	Texture
1				
2				
3				
4				
5				

ACTIVITIES FOR ENHANCING NUMERACY SKILLS:

ACTIVITY 1 - Balloon hunt

You can make the numbers fun for kids by doing them in interesting ways. Blow five balloons of different colours and write numbers 1 to 5 on them (one number on each balloon). Now hide these balloons at different places in the house where the child can access easily. The child should go looking for the balloons and collect them one by one in the correct number order. If the child finds the balloon that is out of the number sequence then he/she will keep it back and remember the number so that he /she can pick it up later. The child has to collect all 5 balloons in the number order 1, 2, 3, 4, 5.



ACTIVITY 2 - Estimating water

Fill a cup with water and add some colour to it so that it is easy for the child to notice the water level. Now give a disposable syringe to the child. Let the child use the syringe to fill water and empty it out into another cup. Help the child to count how many times he/she had to fill the syringe in order to fill up the empty cup.

ACTIVITY 3 - Pouring and comparing

Firstly let the child practice pouring grains from one container to another till they are a little confident. Then let the child line up containers from biggest to smallest and pour grains in them. Use related words like big/small or empty/full to help the child understand these concepts and gather vocabulary.



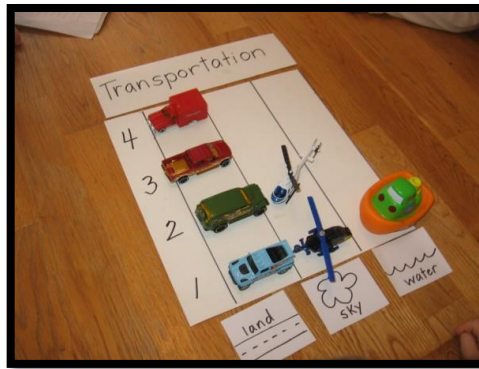
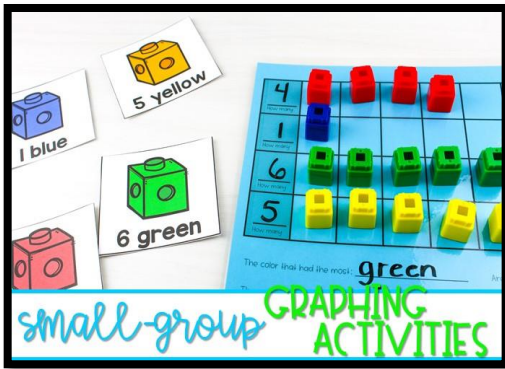
ACTIVITY 4 - Sink and float

Pour water in a tray and leave two plastic cups in it. Now let the child observe whether the cup is floating in the water or not. Let the child drop coins into the cup very slowly one by one. Encourage him/her to observe what happens to the cup. Let the child also count the coins while dropping them. See if the child can recall how many coins it took for the cup to sink.



ACTIVITY 5 - Graphing

Prepare a grid for your child as shown in the picture given below. Let your child collect objects and line them up in each row to compare their quantity. Let your child try this activity with more variations.



ACTIVITY 6 – FOR ENHANCING GROSS MOTOR SKILLS

Suggested below are few activities that will help build your child's gross motor skills-

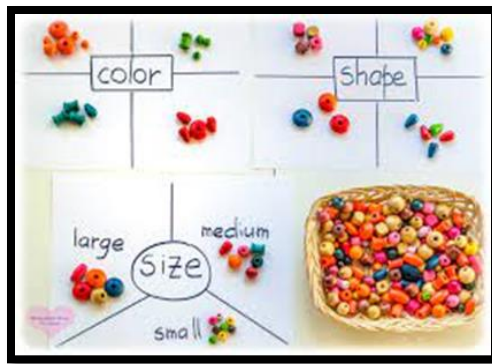
- Throw and catch the ball. Balls of different sizes may be used to increase the level of difficulty.
- We all remember playing 'aankh micholi' or blind man's bluff, in our childhood. Playing this game will enhance and sharpen the child's listening skills and concentration span.



Link for the gross motor activities for your reference - <https://youtu.be/76mgTjInf-Y>

INDOOR ACTIVITIES

- **Memory game** – Keep three to four different objects in front of the child in a row. Let the child observe them carefully for 10 sec. Now ask the child to close her/his eyes while you remove one object. Ask the child to open her /his eyes and name the missing object. Repeat it by removing a different object every time.
- **Feely bag** - Every time you do it, fill the bag with different things like fruits/vegetables, soft and hard objects etc. for the child to touch and name the objects only by feeling them. Let him/her describe the object and talk about it.
- **Sorting** – Mix two /three kinds of seeds like red beans, white chick peas and black chick peas in a bowl (small portion). Keep three empty bowls in front of the child and let him/her separate these beans into these bowls by picking them from the mixed bowl one by one.



- **Household chores** - dusting, watering the plants, filling water bottles and folding small clothes will make them independent and strengthen his/her fine motor skills.

PLEASE NOTE:

- Please ensure that all responses and narratives of the child are written by the parent.
- All activities given above should be staggered over the holidays. **Please do not** keep things for the last few days and stress the child out
- Kindly use child friendly material.
- The last day for submission of the holiday activities is **Friday 14th June**. Please ensure that the activities are emailed to the teacher by this date as children will present them in the class during show and tell.
- Please refer to the school website for further information.

Please help the child fill up the self-assessment sheet which is attached, under your supervision. We hope that you will enjoy engaging and bonding with your child through these activities during the holidays.

Happy holidays, stay safe and healthy!

Warm regards,

Deeksha Thomas
Principal

